

DLAC Open Day
17 December 2022 VERSION 1.1 - PROGRAM BY TIME

No.	Group	Event	Type	Start
FRONT STRAIGHT				
HURDLE HEATS and STRAIGHT FINALS				
1A	15B	100H	Final	1:00 PM
1B	16B	100H	Final	
1C	17B	110H	Final	
2A	15G	90H	Final	1:04 PM
2B	16G	90H	Final	
2C	17G	100H	Final	
3	14B	90H	Final	1:07 PM
4	14G	80H	Final	1:11 PM
5	13B	80H	Final	1:15 PM
6	13G	80H	Final	1:18 PM
7	12B	80H	Heat	1:22 PM
8	12G	80H	Heat	1:29 PM
9	11B	80H	Heat	1:36 PM
10	11G	80H	Heat	1:43 PM
11	10B	60H	Heat	1:50 PM
12	10G	60H	Heat	1:57 PM
13	9B	60H	Heat	2:04 PM
14	9G	60H	Heat	2:11 PM
BREAK				
HURDLE FINALS				
15	12B	80H	Final	2:40 PM
16	12G	80H	Final	2:43 PM
17	11G	80H	Final	2:47 PM
18	11B	80H	Final	2:50 PM
19	10B	60H	Final	2:54 PM
20	10G	60H	Final	2:57 PM
21	9B	60H	Final	3:01 PM
22	9G	60H	Final	3:04 PM
BREAK				
70M HEATS				
23	6B	70m	Heat	3:31 PM
24	6G	70m	Heat	3:38 PM
25	7B	70m	Heat	3:45 PM
26	7G	70m	Heat	3:52 PM
27	8B	70m	Heat	3:59 PM
28	8G	70m	Heat	4:06 PM
BREAK				
70M FINALS				
29	6B	70m	Final	4:28 PM
30	7B	70m	Final	4:31 PM
31	8B	70m	Final	4:35 PM
32	6G	70m	Final	4:38 PM
33	7G	70m	Final	4:42 PM
34	8G	70m	Final	4:45 PM
BREAK				
100M HEATS				
35	13B	100m	Heat	5:08 PM
36	12G	100m	Heat	5:14 PM
37	11B	100m	Heat	5:20 PM
38	12B	100m	Heat	5:26 PM
39	10G	100m	Heat	5:32 PM
40	11G	100m	Heat	5:38 PM
100M FINALS U6-U8				
41	6B	100m	Final	5:44 PM
42	6G	100m	Final	5:47 PM
43	7B	100m	Final	5:50 PM
44	7G	100m	Final	5:53 PM
45	8B	100m	Final	5:56 PM
46	8G	100m	Final	5:59 PM
100M HEATS & STRAIGHT FINALS Continued				
47	14B	100m	Heat	6:02 PM
48	9G	100m	Heat	6:08 PM
49	14G	100m	Heat	6:14 PM
50A	15G	100m	Final	6:20 PM
50B	16G/17G	100m	Final	
51	13G	100m	Heat	6:23 PM
52A	15B	100m	Final	6:29 PM
52B	16B/17B	100m	Final	
53	9B	100m	Heat	6:32 PM
54	10B	100m	Heat	6:38 PM
BREAK				
400M HEATS				
55	13B	400m	Heat	7:00 PM
56	13G	400m	Heat	7:06 PM
57	16G/17G	400m	Final	7:12 PM
58	9B	400m	Heat	7:15 PM
59	11G	400m	Heat	7:21 PM
60	9G	400m	Heat	7:30 PM
61	11B	400m	Heat	7:36 PM
BREAK				
100M FINALS				
62	9B	100m	Final	7:52 PM
63	13B	100m	Final	7:55 PM
64	11G	100m	Final	7:58 PM
65	14B	100m	Final	8:01 PM
66	14G	100m	Final	8:04 PM
67	13G	100m	Final	8:07 PM
68	9G	100m	Final	8:10 PM
69	11B	100m	Final	8:13 PM
70	10B	100m	Final	8:16 PM
71	12B	100m	Final	8:19 PM
72	10G	100m	Final	8:22 PM
73	12G	100m	Final	8:25 PM
BREAK				

No.	Group	Event	Type	Start
Front Straight Continued				
400M FINALS				
74	14B	400m	Final	8:38 PM
75	13G	400m	Final	8:41 PM
76	14G	400m	Final	8:44 PM
77	9G	400m	Final	8:47 PM
78	11B	400m	Final	8:50 PM
79	13B	400m	Final	8:53 PM
80	11G	400m	Final	8:56 PM
81	9B	400m	Final	8:59 PM
82	16B/17B	400m	Final	9:02 PM
Fire Works				
9:30 PM				
BACK STRAIGHT & CIRCULAR				
100M HEATS U6 - U8				
200	6B	100m	Heat	1:00 PM
201	7B	100m	Heat	1:06 PM
202	8B	100m	Heat	1:15 PM
203	6G	100m	Heat	1:21 PM
204	7G	100m	Heat	1:27 PM
205	8G	100m	Heat	1:33 PM
BREAK				
800M FINALS				
206	16G/17G	800m	Final	1:52 PM
207	14B	800m	Final	1:56 PM
208	12B	800m	Final	2:00 PM
209	10B	800m	Final	2:05 PM
210	10G	800m	Final	2:10 PM
211	14G	800m	Final	2:15 PM
212	12G	800m	Final	2:19 PM
213	16B/17B	800m	Final	2:24 PM
214	9B	800m	Final	2:28 PM
215	9G	800m	Final	2:33 PM
BREAK				
200M HEATS and STRAIGHT FINALS				
216	6B	200m	Heat	2:38 PM
217	6G	200m	Heat	2:45 PM
218	7B	200m	Heat	2:52 PM
219	7G	200m	Heat	2:59 PM
220	8B	200m	Heat	3:06 PM
221	8G	200m	Heat	3:17 PM
222	9B	200m	Heat	3:27 PM
223	12B	200m	Heat	3:38 PM
224	11B	200m	Heat	3:48 PM
225	11G	200m	Heat	4:02 PM
226	14B	200m	Heat	4:16 PM
227	12G	200m	Heat	4:23 PM
228	10G	200m	Heat	4:34 PM
229	14G	200m	Heat	4:48 PM
230	13G	200m	Heat	4:55 PM
231	10B	200m	Heat	5:05 PM
232	15G	200m	Final	5:19 PM
233	16G/17G	200m	Final	5:23 PM
234	9G	200m	Heat	5:26 PM
235	13B	200m	Heat	5:37 PM
236	15B	200m	Final	5:47 PM
237	16B/17B	200m	Final	5:51 PM
BREAK				
1500M FINALS				
238	13G	1500m	Final	3:10 PM
239	11G	1500m	Final	3:18 PM
BREAK				
240	13B	1500m	Final	3:35 PM
BREAK				
241	11B	1500m	Final	4:10 PM
BREAK				
242A	15G	1500m	Final	4:26 PM
242B	16G/17G	1500m	Final	
243A	15B	1500m	Final	4:34 PM
243B	16B/17B	1500m	Final	
BREAK				
200M FINALS				
244	9B	200m	Final	5:54 PM
245	10B	200m	Final	5:58 PM
246	11B	200m	Final	6:01 PM
247	13G	200m	Final	6:05 PM
248	12B	200m	Final	6:08 PM
249	11G	200m	Final	6:12 PM
250	10G	200m	Final	6:15 PM
251	12G	200m	Final	6:19 PM
252	6G	200m	Final	6:22 PM
253	6B	200m	Final	6:26 PM
254	8B	200m	Final	6:29 PM
255	7G	200m	Final	6:33 PM
256	13B	200m	Final	6:36 PM
257	9G	200m	Final	6:40 PM
258	8G	200m	Final	6:43 PM
259	7B	200m	Final	6:47 PM
260	14G	200m	Final	6:50 PM
261	14B	200m	Final	6:54 PM

No.	Group	Event	Start	Location
FIELD				
300	11B	Shot Put	1:00 PM	SP1
301	9G	Long Jump	1:00 PM	LJ1
302	11G	Discus	1:00 PM	D1
303	12G	Discus	1:00PM	D2
304	9B	Shot Put	1:00 PM	SP2
305A	15G	Javelin	1:15 PM	JAV
305B	16G/17G	Javelin		
306	15B	High Jump	1:20 PM	HJ2
307	16B/17B	Long Jump	1:20 PM	LJ3
308	13G	Discus	1:30 PM	D1
309	13B	High Jump	1:35 PM	HJ1
310	7G	Shot Put	1:42 PM	SP1
311	6G	Long Jump	1:53 PM	LJ1
BREAK				
312	6B	Shot Put	2:02 PM	SP2
313	11B	Long Jump	2:10 PM	LJ3
314	15G	Discus	2:10 PM	D1
315	14B	Triple Jump	2:15 PM	TJ3
316	10B	High Jump	2:15 PM	HJ2
317	10G	Long Jump	2:20 PM	LJ1
318	8G	Shot Put	2:22 PM	SP1
319	16G/17G	Discus	2:25 PM	D1
320	14G	Triple Jump	2:42 PM	TJ1
321	15B	Shot Put	2:42 PM	SP2
322	13B	Javelin	2:45PM	JAV
BREAK				
323	10B	Long Jump	3:10 PM	LJ1
324	12B	Javelin	3:10 PM	JAV
325	16B/17B	Triple Jump	3:11 PM	TJ3
326	7G	Long Jump	3:14 PM	TJ1
327	8B	Shot Put	3:22 PM	SP2
328	13G	High Jump	3:25 PM	HJ2
329	15B	Discus	3:35 PM	D1
330	10G	Discus	3:35 PM	D2
331	14G	Javelin	3:35 PM	JAV
332	9G	High Jump	3:35 PM	HJ1
333A	16B	Shot Put	3:42 PM	SP1
333B	17B	Shot Put		
334	16G/17G	Triple Jump	3:43 PM	TJ3
335	12B	Long Jump	3:59 PM	TJ1
BREAK				
336	13G	Javelin	4:00 PM	JAV
337	13B	Shot Put	4:02 PM	SP2
338	9B	High Jump	4:10 PM	HJ2
339	11G	Shot Put	4:24 PM	SP1
340	6B	Long Jump	4:40 PM	LJ3
341	7B	Long Jump	4:45 PM	LJ1
342	11B	Discus	4:45 PM	D2
343	12B	Discus	4:45 PM	D1
344	6G	Shot Put	4:52 PM	SP2
345A	15B	Javelin	4:55 PM	JAV
345B	16B/17B	Javelin		
346	8G	Long Jump	4:59 PM	TJ1
BREAK				
347	14B	Shot Put	5:15 PM	SP1
348	8B	Long Jump	5:16 PM	LJ1
349	13G	Long Jump	5:20 PM	LJ3
350	12G	Shot Put	5:27 PM	SP2
351	10B	Discus	5:30 PM	D1
352	15G	High Jump	5:35 PM	HJ2
353	10G	High Jump	5:48 PM	HJ1
354	13B	Long Jump	5:55 PM	TJ1
BREAK </				