

**DLAC Open Day**  
**17 December 2022 VERSION 1.1 - PROGRAM BY AGE GROUP**

No.	Group	Event	Type	Start	Location
<b>Under 6 BOYS</b>					
200	6B	100m	Heat	1:00 PM	Back Straight
312	6B	Shot Put	Final	2:02 PM	SP2
216	6B	200m	Heat	2:38 PM	Back Straight
23	6B	70m	Heat	3:31 PM	Front Straight
29	6B	70m	Final	4:28 PM	Front Straight
340	6B	Long Jump	Final	4:40 PM	LJ3
41	6B	100m	Final	5:44 PM	Front Straight
253	6B	200m	Final	6:26 PM	Back Straight

No.	Group	Event	Type	Start	Location
<b>Under 7 BOYS</b>					
201	7B	100m	Heat	1:06 PM	Back Straight
218	7B	200m	Heat	2:52 PM	Back Straight
25	7B	70m	Heat	3:45 PM	Front Straight
30	7B	70m	Final	4:31 PM	Front Straight
341	7B	Long Jump	Final	4:45 PM	LJ1
43	7B	100m	Final	5:50 PM	Front Straight
356	7B	Shot Put	Final	6:03 PM	SP1
259	7B	200m	Final	6:47 PM	Back Straight

No.	Group	Event	Type	Start	Location
<b>Under 8 BOYS</b>					
202	8B	100m	Heat	1:15 PM	Back Straight
220	8B	200m	Heat	3:06 PM	Back Straight
327	8B	Shot Put	Final	3:22 PM	SP2
27	8B	70m	Heat	3:59 PM	Front Straight
31	8B	70m	Final	4:35 PM	Front Straight
348	8B	Long Jump	Final	5:16 PM	LJ1
45	8B	100m	Final	5:56 PM	Front Straight
254	8B	200m	Final	6:29 PM	Back Straight

No.	Group	Event	Type	Start	Location
<b>Under 9 BOYS</b>					
304	9B	Shot Put	Final	1:00 PM	SP2
13	9B	60H	Heat	2:04 PM	Front Straight
214	9B	800m	Final	2:28 PM	Circular
21	9B	60H	Final	3:01 PM	Front Straight
222	9B	200m	Heat	3:27 PM	Back Straight
338	9B	High Jump	Final	4:10 PM	HJ2
244	9B	200m	Final	5:54 PM	Back Straight
53	9B	100m	Heat	6:32 PM	Front Straight
58	9B	400m	Heat	7:15 PM	Front Straight
62	9B	100m	Final	7:52 PM	Front Straight
375	9B	Long Jump	Final	8:10 PM	LJ1
81	9B	400m	Final	8:59 PM	Front Straight

No.	Group	Event	Type	Start	Location
<b>Under 10 BOYS</b>					
11	10B	60H	Heat	1:50 PM	Front Straight
209	10B	800m	Final	2:05 PM	Circular
316	10B	High Jump	Final	2:15 PM	HJ2
19	10B	60H	Final	2:54 PM	Front Straight
323	10B	Long Jump	Final	3:10 PM	LJ1
231	10B	Long Jump	Heat	5:05 PM	Back Straight
351	10B	Discus	Final	5:30 PM	D1
245	10B	200m	Final	5:58 PM	Back Straight
54	10B	100m	Heat	6:38 PM	Front Straight
364	10B	Shot Put	Final	6:55 PM	SP1
70	10B	100m	Final	8:16 PM	Front Straight

No.	Group	Event	Type	Start	Location
<b>Under 11 BOYS</b>					
300	11B	Shot Put	Final	1:00 PM	SP1
9	11B	80H	Heat	1:36 PM	Front Straight
313	11B	Long Jump	Final	2:10 PM	LJ3
18	11B	80H	Final	2:50 PM	Front Straight
224	11B	200m	Heat	3:48 PM	Back Straight
241	11B	1500m	Final	4:10 PM	Circular
342	11B	Discus	Final	4:45 PM	D2
37	11B	100m	Heat	5:20 PM	Front Straight
246	11B	200m	Final	6:01 PM	Back Straight
357	11B	High Jump	Final	6:15 PM	HJ2
61	11B	400m	Heat	7:36 PM	Front Straight
69	11B	100m	Final	8:13 PM	Front Straight
78	11B	400m	Final	8:50 PM	Front Straight

No.	Group	Event	Type	Start	Location
<b>Under 12 BOYS</b>					
7	12B	80H	Heat	1:22 PM	Front Straight
208	12B	800m	Final	2:00 PM	Circular
15	12B	80H	Final	2:40 PM	Front Straight
324	12B	Javelin	Final	3:10 PM	JAV
223	12B	200m	Heat	3:38 PM	Back Straight
335	12B	Long Jump	Final	3:59 PM	TJ1
343	12B	Discus	Final	4:45 PM	D1
38	12B	100m	Heat	5:26 PM	Front Straight
248	12B	200m	Final	6:08 PM	Back Straight
358	12B	Triple Jump	Final	6:19 PM	TJ1
372	12B	Shot Put	Final	7:35 PM	SP1
71	12B	100m	Final	8:19 PM	Front Straight

No.	Group	Event	Type	Start	Location
<b>Under 13 BOYS</b>					
5	13B	80H	Final	1:15 PM	Front Straight
309	13B	High Jump	Final	1:35 PM	HJ1
322	13B	Javelin	Final	2:45 PM	JAV
240	13B	1500m	Final	3:35 PM	Circular
337	13B	Shot Put	Final	4:02 PM	SP2
35	13B	100m	Heat	5:08 PM	Front Straight
235	13B	200m	Heat	5:37 PM	Back Straight
354	13B	Long Jump	Final	5:55 PM	TJ1
256	13B	200m	Final	6:36 PM	Back Straight
55	13B	400m	Heat	7:00 PM	Front Straight
367	13B	Discus	Final	7:15 PM	D1
63	13B	100m	Final	7:55 PM	Front Straight
79	13B	400m	Final	8:53 PM	Front Straight

No.	Group	Event	Type	Start	Location
<b>Under 14 BOYS</b>					
3	14B	90H	Final	1:07 PM	Front Straight
207	14B	800m	Final	1:56 PM	Circular
315	14B	Triple Jump	Final	2:15 PM	TJ3
226	14B	200m	Heat	4:16 PM	Back Straight
347	14B	Shot Put	Final	5:15 PM	SP1
47	14B	100m	Heat	6:02 PM	Front Straight
359	14B	Javelin	Final	6:20 PM	JAV
261	14B	200m	Final	6:54 PM	Back Straight
365	14B	Long Jump	Final	7:00 PM	LJ1
65	14B	100m	Final	8:01 PM	Front Straight
74	14B	400m	Final	8:38 PM	Front Straight

No.	Group	Event	Type	Start	Location
<b>Under 15 BOYS</b>					
1A	15B	100H	Final	1:00 PM	Front Straight
306	15B	High Jump	Final	1:20 PM	HJ2
321	15B	Shot Put	Final	2:42 PM	SP2
329	15B	Discus	Final	3:35 PM	D1
243A	15B	1500m	Final	4:34 PM	Circular
345A	15B	Javelin	Final	4:55 PM	JAV
236	15B	200m	Final	5:47 PM	Back Straight
355	15B	Long Jump	Final	6:00 PM	LJ1
52A	15B	100m	Final	6:29 PM	Front Straight

No.	Group	Event	Type	Start	Location
<b>Under 16 and 17 BOYS</b>					
1B	16B	100H	Final	1:00 PM	Front Straight
1C	17B	110H	Final	1:00 PM	Front Straight
307	16B/17B	Long Jump	Final	1:20 PM	LJ3
213	16B/17B	800m	Final	2:24 PM	Circular
325	16B/17B	Triple Jump	Final	3:11 PM	TJ3
333A	16B	Shot Put	Final	3:42 PM	SP1
333B	17B	Shot Put	Final	3:42 PM	SP1
243B	16B/17B	1500m	Final	4:34 PM	Circular
345B	16B/17B	Javelin	Final	4:55 PM	JAV
237	16B/17B	200m	Final	5:51 PM	Back Straight
52B	16B/17B	100m	Final	6:29 PM	Front Straight
361A	16B	Discus	Final	6:41 PM	D1
361B	17B	Discus	Final	6:41 PM	D1
370	16B/17B	High Jump	Final	7:30 PM	HJ1
82	16B/17B	400m	Final	9:02 PM	Front Straight

No.	Group	Event	Type	Start	Location
<b>Under 6 GIRLS</b>					
203	6G	100m	Heat	1:21 PM	Back Straight
311	6G	Long Jump	Final	1:53 PM	LJ1
217	6G	200m	Heat	2:45 PM	Back Straight
24	6G	70m	Heat	3:38 PM	Front Straight
32	6G	70m	Final	4:38 PM	Front Straight
344	6G	Shot Put	Final	4:52 PM	SP2
42	6G	100m	Final	5:47 PM	Front Straight
252	6G	200m	Final	6:22 PM	Back Straight

No.	Group	Event	Type	Start	Location
<b>Under 7 GIRLS</b>					
204	7G	100m	Heat	1:27 PM	Back Straight
310	7G	Shot Put	Final	1:42 PM	SP1
219	7G	200m	Heat	2:59 PM	Back Straight
326	7G	Long Jump	Final	3:14 PM	TJ1
26	7G	70m	Heat	3:52 PM	Front Straight
33	7G	70m	Final	4:42 PM	Front Straight
44	7G	100m	Final	5:55 PM	Front Straight
255	7G	200m	Final	6:33 PM	Back Straight

No.	Group	Event	Type	Start	Location
<b>Under 8 GIRLS</b>					
205	8G	100m	Heat	1:33 PM	Back Straight
318	8G	Shot Put	Final	2:22 PM	SP1
221	8G	200m	Heat	3:17 PM	Back Straight
28	8G	70m	Heat	4:06 PM	Front Straight
34	8G	70m	Final	4:45 PM	Front Straight
346	8G	Long Jump	Final	4:59 PM	TJ1
46	8G	100m	Final	5:59 PM	Front Straight
258	8G	200m	Final	6:43 PM	Back Straight

No.	Group	Event	Type	Start	Location
<b>Under 9 GIRLS</b>					
301	9G	Long Jump	Final	1:00 PM	LJ1
14	9G	60H	Heat	2:11 PM	Front Straight
215	9G	800m	Final	2:33 PM	Circular
22	9G	60H	Final	3:04 PM	Front Straight
332	9G	High Jump	Final	3:35 PM	HJ1
234	9G	200m	Heat	5:26 PM	Back Straight
48	9G	100m	Heat	6:08 PM	Front Straight
257	9G	200m	Final	6:40 PM	Back Straight
363	9G	Shot Put	Final	6:50 PM	SP2
60	9G	400m	Heat	7:30 PM	Front Straight
68	9G	100m	Final	8:10 PM	Front Straight
77	9G	400m	Final	8:47 PM	Front Straight

No.	Group	Event	Type	Start	Location
<b>Under 10 GIRLS</b>					
12	10G	60H	Heat	1:57 PM	Front Straight
210	10G	800m	Final	2:10 PM	Circular
317	10G	Long Jump	Final	2:20 PM	LJ1
20	10G	60H	Final	2:57 PM	Front Straight
330	10G	Discus	Final	3:35 PM	D2
228	10G	200m	Heat	4:34 PM	Back Straight
39	10G	100m	Heat	5:32 PM	Front Straight
353	10G	High Jump	Final	5:48 PM	HJ1
250	10G	200m	Final	6:15 PM	Back Straight
373	10G	Shot Put	Final	7:38 PM	SP2
72	10G	100m	Final	8:22 PM	Front Straight

No.	Group	Event	Type	Start	Location
<b>Under 11 GIRLS</b>					
302	11G	Discus	Final	1:00 PM	D1
10	11G	80H	Heat	1:43 PM	Front Straight
17	11G	80H	Final		