Program 2

	6G/6G	7G	7B	8G	8B	9G	9B	10G	10B	11G	11B	12G	12B	13G	131415B	141516G
Rotation 1 from 8.30am	ON TRACK	ON TRACK	ON TRACK	400 (3) unlaned	400 (3) unlaned	Disc2 500g	Disc1 500g	Long 1 MAT	Long 2 MAT	Javelin 400g	Javelin 400g	High 1	High 1	200H	200H	300H(1)/200H(2) Javelin 1516 500
Rotation 2	100	100	100	Disc2 350g	Disc1 350g	400	400	400	400	Long 1	Long 1	100 / 100	100	Long 2	Long 1	100 / Javelin 14 400
Rotation 3				100	100 / 100		Long 2 MAT	Disc2 500g	Disc1 500g	400	400 / 400		Javelin 400g	100 / Javelin 400	100	High 1
Rotation 4				Long 1 MAT	Long 2 MAT	Long 1 MAT	100	100	100 / 100	100	100 / 100		Javelin 400g / 400	Javelin 600 / Javelin15 700 / 400	400	400
Rotation 5						700 walk				1100 Walk				1500 Walk		
						Commence after track clear of 400m or 100m										

R1: 300 Hurdles Lane 3-6, 400m unlaned lanes 1-2, 100m Lanes 7-12, 200mH Lane 1-6 after u8 400
R2: 400m 1-6, 100m 6-12
Back straight free for OT after 300H and prior to Rotation 2, except for u8 400 (2 races)
400m to be started near high jump and finish back straight (Lanes 1-6, except u8)
300H to be first two events, then run u8 400s can start.
Javelin for 13-16s to be open pit (can go whenever it is free of u11/12 events)
Walks to start after 400m finish. Mass participation. One event per distance.
Practice walks on 9-12 lanes. Potentially use 400m as lane 3-8 if it finishes after 100m, so walks can proceed quicker
KO's to direct kids to next event and start without delay

KO	TAS	DH	BT	BT	ED	?		OT Coach	ED	
Event	Hurdles	400	Long End	Triple End	High	Disc1	Disc2	SP2	JAV	
	15-16G (76cm x 7)	8G unlaned	10G	10B	12G	9BG		6G/6B	11GB	400
	14BG (76cm x 5)	8B unlaned	131415B	13G	12B	8BG		7G	1516G	500
	13BG (68cm x 5)	9G	11GB	9B	141516G	10BG		7B	14G	400
	100	9B	9G	8BG*					12B	400
	15-16G	10G	8BG*						13G	400
	14G	10B							131415B	600/700
	13-16B	11G							12G	400
	13G	11B								
	12B	12G								
	12G	13G								
	On Trackers*	14G								
	Young Siblings	15-16G								

	8G	12B							
	8B	13-15B							
	9G	Walks							
	9B								
	10G								
	10B								
	11G								
	11B								