

Dual registration provides the opportunity for U12, U13, U14 and U15 little athletes to be registered, train and compete with an Athletics Victoria (AV) club.

Doncaster Little Athletic Centre (**DLAC**) athletes usually dual register with the [Doncaster Athletic Club](http://www.doncasterac.org.au), also known as **DAC** or Seniors.

## Benefits of Dual Registration

- ✓ Once registered with AV, athletes can compete in Shield and Championship Competitions. Shield is normally held Saturday afternoons. The program is timetabled so you know when your event/s will be. Clubs compete against each other for a premiership. Competition is held at Box Hill, Doncaster, Nunawading and other eastern venues.
- ✓ Competition includes events not normally done at little aths eg: pole vault, hammer throw, steeple chase. Full details of proposed Interclub programs are available on the AV website – [www.athsvic.org.au](http://www.athsvic.org.au)
- ✓ Registration includes insurance so you are covered while competing and training with AV registered coaches.
- ✓ Extra relay practice. A relay is run at all interclub competitions. Some relays are the same as little aths and some are different but they all include baton changing, so it's great practice.
- ✓ Access to DAC coaches and facilities, including gymnasium.

## Cost of Dual Registration

- ✓ Currently the cost is **\$40**. This is additional to your DLAC registration fees.
- ✓ Once athletes leave little aths the cost of registering with **DAC**, say as an U16, is currently \$160. This includes both the summer and winter season and is due after 1 April each year as the AV registration year goes from 1 April to 31 March.
- ✓ Athletes can compete in their little aths uniform for the first week or two but if they start coming more regularly they are expected to purchase a **DAC** uniform. Currently crop tops, singlets and shorts are approx \$40-\$45 each.

## How do I Dual Register?

1. Complete the AV registration form. Please complete the form on **DAC's** website – [www.doncasterac.org.au](http://www.doncasterac.org.au) as this is a form specifically for Doncaster athletes.
2. Contact the **DLAC** Registrar who completes a form that states you are currently a VLAA registered athlete.
3. Take the above two forms and your money to **DAC's** Registrar (Graeme Down). Graeme's contact details can also be found on **DAC's** website. DO NOT send these directly to AV. Graeme will issue you with your AV registration numbers that are worn on your uniform.

Please take care - **DAC's** and **DLAC's** websites addresses are very similar.

Updated for season 2010/2011