

Dual registration provides the opportunity for U12, U13, U14 and U15 little athletes to be registered, train and compete with an Athletics Victoria (AV) club.

Doncaster Little Athletic Centre (**DLAC**) athletes' usually dual register with the Doncaster Athletic Club, also known as **DAC** or Seniors.

Benefits of Dual Registration

- ✓ Once registered with AV, athletes can compete in AV Interclub and AV Championship Competitions. AV Interclub is normally held Saturday afternoons. The program is timetabled so you know when your event/s will be. Clubs compete against each other for a premiership. Competition is held at Box Hill, Doncaster, Nunawading and other eastern venues.
- ✓ Competition includes events not normally done at little aths eg: pole vault, hammer throw, steeple chase. Full details of proposed Interclub programs are available on the AV website – www.athsvic.org.au
- ✓ Registration includes insurance so you are covered while competing and training with AV registered coaches.
- ✓ Extra relay practice. A relay is run at all interclub competitions. Some relays are the same as little aths and some are different but they all include baton changing, so it's great practice.
- ✓ Access to DAC coaches and facilities, including gymnasium.

Cost of Dual Registration

- ✓ Currently the cost is **\$25**. This is additional to your DLAC registration fees.
- ✓ Once athletes leave little aths the cost of registering with **DAC**, say as an U16, is currently \$130. This includes both the summer and winter season and is due after 1 April each year as the AV registration year goes from 1 April to 31 March.
- ✓ Dual Athletes can compete in either their little athletics Doncaster Centre uniform or the **DAC** uniform. Currently DAC crop tops, singlets and shorts are approx \$35 each.

How do I Dual Register?

1. Complete the AV registration form. Please complete the form on **DAC's** website – www.doncasterac.org.au as this is a form specifically for Doncaster athletes.
2. Contact the **DLAC** Registrar who completes a form that states you are currently a VLAA registered athlete.
3. Take the above two forms and your money to **DAC's** Registrar (Phil Allen). Phil's contact details can also be found on **DAC's** website. DO NOT send these directly to AV. Phil will issue you with your AV registration numbers that must be worn on your uniform.

Please take care - **DAC's** and **DLAC's** websites addresses are very similar.

Updated for season 2008/2009