

# U14 – U15 MULTI-EVENT CLINIC

Date: Sunday 6<sup>th</sup> December Centre: Doncaster

Venue: Rieschiecks Reserve, George St, Doncaster  
Mel Ref: 33 J10

Duration: 10.30am – 3.30pm 5 rotations of 45mins.

Cost: \$5.00 Inc GST (payable on the day)

Coaches: Current JDS & ALAC Coaches

Registrations close: Wednesday 2<sup>nd</sup> December

**Clinic includes:** All athletes will receive expert coaching during this comprehensive clinic in the 5 Multi-Events, in preparation for the State Multi - Event Championships, as well as providing training programs in each of the 5 events.

**Athletes of all abilities are invited to attend.**

**What to bring:** Full training kit, hat, sunscreen, drink bottle, lunch, and snacks. Additional drinks & sunscreen will be provided.

Information regarding the course please contact  
Shane Bertrand on 9676 3600 or [shane.bertrand@vlaa.asn.au](mailto:shane.bertrand@vlaa.asn.au)

Cut along the dotted line and return Registration Details to

Victorian Little Athletics Association, Locked Bag 1011, Port Melbourne 3207 VIC or Fax (03) 9676 3601

## REGISTRATION DETAILS

Date: Sunday 6<sup>th</sup> December

Venue: Doncaster

Athletes Name: \_\_\_\_\_ Male Female

Age Group please circle: U14 U15 Centre: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Email: \_\_\_\_\_ Mobile: \_\_\_\_\_

Do you currently have a coach? Please circle: YES NO

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